



Menus & Music Productions  
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New from Sharon O'Connor's *MusicCooks*<sup>®</sup>  
***Grill to Thrill***—Recipes for Easy Grilling with Rock & Soul Music for Cookouts

EMERYVILLE, CA—Sharon O'Connor's Menus and Music Productions is excited to announce the release of ***Grill to Thrill***, Sharon O'Connor's newest addition to the **MusicCooks** series. With authentic full-flavored grilling recipes and a fun rock & soul music CD, this set puts the thrill back into grilling!

"Nothing surpasses the taste of perfectly grilled food! Whether your idea of heaven is a grilled steak with cold beer, barbecued shrimp by the shore, or easy cookouts with friends in the backyard, here are recipes that won't let you down," says Sharon O'Connor, author, musician, and publisher.

***Grill to Thrill*** presents recipes for easy grilling over charcoal and gas, along with dry rubs, marinades, and sauces. Grilling is even more fun when you add music, and Rockin' Roger's Soul Revue and the Briquettes' blend of rock, blues, and funk is sure to entertain everyone. With favorite recipes for gathering friends around the grill and sizzling music, ***Grill to Thrill*** makes it easy to have a great time entertaining outdoors!

**MusicCooks** is a series of boxed recipe cards with music CDs. Every **MusicCooks** includes a sensational food photo of each recipe, practical cook's tips, shopping lists, a recipe easel, and great music for cooking and entertaining. There are 15 titles to choose from. **MusicCooks** is sold in gourmet and gift stores nationwide, including Saks Fifth Avenue, Neiman Marcus, and the San Francisco Symphony Store.

**About Menus and Music Productions, Inc.**

Founded in 1985 by Sharon O'Connor, Menus and Music Productions is an independent publishing company and music label. O'Connor travels the world, collaborating with master chefs and musicians to create *Menus and Music*, a series of gift-boxed gourmet cookbooks and music CDs. In 2005 O'Connor introduced *MusicCooks*, stylish boxed recipe cards with music CDs for easy home cooking and entertaining. O'Connor's new *MusicCooks Celebration Cards* are the first greeting cards to combine a greeting card with delicious recipes and music downloads. Menus and Music products are available at fine retailers nationwide, including Saks Fifth Avenue and the San Francisco Symphony Store.

For more information, please call 1-800-444-9515 or visit [www.menusandmusic.com](http://www.menusandmusic.com).